

# Get the care you need and connect with your care team using telehealth

To make sure you receive the best care possible while doing dialysis at home, we offer virtual visits, also known as telehealth. The goal of these virtual visits is for you to receive the same quality of care as you would during an in-person visit. In some cases, telehealth visits could replace your monthly visit to your home dialysis center. Your care team will only suggest a virtual visit if it's the right fit for you.

## Telehealth personalized care from home

With your consent, your care team will schedule appointments with your kidney doctor, dietitian, or social worker. These appointments happen securely over the phone or computer, so you don't have to leave home.

### Your care team may use telehealth for:



Regular checkups to talk about your test results, medications, or treatment plan



Visits with your nephrologist



Visits with your dietitian or social worker for support with eating well, staying healthy, managing emotions, and balancing life on dialysis

## What you'll need to get started

- ✓ A fully charged internet-capable device with a camera—like a smartphone, tablet, or computer—to help your care team provide the best care possible
- ✓ A high-speed internet connection, like Wi-Fi, or an unlimited data plan
- ✓ A quiet, private, well-lit area for the visit

You can reach your care team by phone or through direct message in PatientHub anytime. PatientHub should not be used in emergency situations. Our top priority is making sure you get the care you need.

**Questions?** If you have any questions about accessing your telehealth visit, call our support line at **1-800-313-1143** or talk to your care team.