FRESENIUS KIDNEY CARE

Give your immunity a boost for the holidays with an updated COVID-19 booster

With the holidays coming up, an updated COVID-19 booster (also called bivalent booster) can help you safely gather with friends and family.

Why do I need this updated booster?

Kidney disease at any stage can make you more likely to get severely ill from COVID-19.[1] Vaccination is our best hope to help fight the spread. The immunity from your first vaccine(s) may lessen over time, and a booster reminds your body how to fight the virus. It is highly recommended for people with kidney disease who have received any of the available vaccines—Pfizer-BioNTech, Moderna, or Johnson & Johnson.[2,3]

What do I need to know about getting this updated booster?

- Your updated booster does not have to be the same product as your first vaccine(s).[4] For example, you may receive the Moderna booster even if you originally received the Pfizer vaccines.

- If you received the Pfizer or Moderna vaccines, you are eligible for the updated booster at least two months after your second shot or most recent dose.

- If you received the Johnson & Johnson vaccine, you are eligible for the updated booster at least two months after your vaccination.

- You may experience minor side effects after getting an updated booster—like fatigue or injection site discomfort—similar to the flu vaccine. This just means your immune system is working.[6]

Can I get this updated booster and my flu shot at the same time?

The viruses that cause the flu and COVID-19 may be spreading at the same time, and it's possible to test positive for both at once. People with kidney disease are at greater risk for complications related to the flu and COVID-19. You can now get both vaccines on the same day.[5]

PROTECT YOURSELF AND LOVED ONES DURING YOUR HOLIDAY VISITS
Talk to your care team about receiving this updated booster in-center during your next treatment.

1. https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-with-medical-conditions.html
2. https://www.cdc.gov/coronavirus/2019-ncov/vaccines/booster-shot.html
3. https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-with-medical-conditions.html
4. https://www.cdc.gov/vaccines/covid-19/clinical-considerations/covid-19-vaccines-us.html
5. https://www.cdc.gov/vaccines/covid-19/clinical-considerations/covid-19-vaccines-us.html#Coadministration
6. https://www.cdc.gov/coronavirus/2019-ncov/vaccines/expect/after.html

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